WEEKLY BULLETIN FOR PRIVATE CIRCULATION ONLY ROTARY CLUB KAMARHATI, RI DISTRICT 3291

Chartered in 1969, Club Regn. No. 16180

President : Rtn. Dr. Amal Kr. Khan • Secretary : Rtn. Amit Kr. Bhattacharjee • Editor : Rtn. Dr. PK. Pandit

We Meet at Our Club Building, 22 & 23 Feeder Road, Belghoria, Kolkata-56 at 6:30 pm. Every Saturday

Vol 54 No 24 DECEMBER DISEASE PREVENTION AND TREATMENT MONTH Date 30 DEC' 23

New Year 2024 Resolution Ideas for Adults

- Focus on your passion and not on your looks'
- Work out regularly.
- Give more time to family.
- Stop gossiping.
- Take a day off in month from phone'
- Make time for family.
- Build a good budget.
- Read books.



Happy Birthday PP Rtn Dr J B Ganguly O4Jan



Upcoming District Programs

- 1) Rotary District Conference-<u>UTKARSH</u> on 6 & 7 Jan'24.at Taj Tal Kutir Convention Center, NEWTOWN, KOLKATA.
- 3) RLI GOA 24 on 19-21 Jan'24 at Goa

Club Programs Held

A Mega Health Check-up camp was organized on 24 Dec'23 at Ariadaha Ramananda Charitable School.from 2-5pm with active support of local councilor Dr. Bharati Swarnakar. 180 patients were examined in different specialities like Gen.Medicine, Cardiology, Dermatology, Pediatrics, Diabetic and Respiratory care. Free Blood Sugar, Uric Acid test, Hemoglobin estimation, BMD, PFT,ECG and Neuropathy detection tests were also done.Rtn. Dr. Amal Khan, PP Rtn.Dr. GD Swarnakar, PP Rtn Dr. J.B Ganguly, PP Rtn Dr SK Ghosh & PP Rtn. Dr.PK Pandit examined the patients. PP Rtn. Sanjit Mukherjee, PP Rtn. Pradip Mukherjee, PP Rtn.Ajoy Kr Sarkar, PP Rtn.Ratna Ghosh, PP Rtn. Subhendu Roy, IPP Rtn Biplab Sengupta, Rtn. Rohit Goel, Rtn. Atul Singhal also attended the camp.

Dr. Mrs Bharati Swarnkar felicitated all the Doctors.



Upcoming Club Picnic on 31 Dec'23, Sunday At Nirala Resort Deoulti Anns' Birthaday
 will be Celebrated during Picnic

 01^{st} Oct onward overdue Birthday celebration of following Anns, whoever present during Picnic will be celebrated.

- Mrs.Purabi Sarkar(01 Oct)
 Mrs.Debjani Mukherjee(31 Oct)
 Mrs. Dipanwita
 Bhattacharya(31 Oct)
 Mrs. Shyamali Pandit(13 Nov),
 Mrs. Namita Ghosh(14 Nov)
- 6. Mrs. Chandra Dutta(24 Nov), 7. Mrs.Rita Sengupta (26 Nov) & 7. Mrs. Rita Roy (25 Dec).

 Reguesting all to be present on the occasion.

MINUTES OF 2680th RWM OF ROTARY CLUB KAMARHATI HELD ON 23rd DECEMBER 2023, SATURDAY AT

6-30pm AT ROTARY CLINIC BUILDING, BASANTBIHAR, BELGHORIA, KOLKATA-56

- 1. President Rtn. Dr. Amal Kr Khan took the chair and called the 2680th RWM to order and requested PP Rtn Sunil Biswas to lead the National Anthem.
- 2. President conveyed Birthday wishes for PP Rtn.Syamal Kanti De (25 Dec) and Mrs. Rita Roy (25 Dec)
- 3. Being requested by President, Secretary Rtn. Amit Kumar Bhattacharya conducted the club business and got the minutes of last RWM confirmed, proposed by PP Rtn.Dr. G.D.Swarnakar and seconded by PP Rtn. Ratna Ghosh.
- 4. President announced upcoming club programs:
 - Health Check-up camp on 24 Dec'23 at Ariadaha in collaboration with local word councilor Dr. Mrs. Bharati Swarnakar from 2-5pm at Ramananda Charitable School. All arrangements being done. ECG, Blood Sugar ,Hemoglobin, serum Uric acid, BMD, Neuropathy test and Pulmonary Function tests will also be done free of cost.
 - Next Board meeting will be held on 24 Dec'23 evening at residence of PP Rtn. Dr. G.D.Swarnakar. Dinner followed by the meeting will also be sponsored by PP Rtn. Dr. G.D.Swarnakar.
- 5. Annual picnic re-scheduled on 31^{st} December'23 at Deoulti Nirala Resort.Requested members to give exact no of persons attending to Rtn. Rohit Goel
- 6. President informed about up-coming District Programs
 a) Rotary District Conference- 5, 6&7 Jan'24 at Taj Tal Kutir, Newtown. Kolkata. On 5th
 January'24 will be Election of DGN 2026-27. President authorized PP Rtn. Dr. J.B. Ganguly as voting delegate on behalf of Club and requested him to vote for candidate of our Club's Choice.
 b) RLI GOA 24- on 19-21 Jan'24 at Goa
- 7. Club will provide 2000 Sanitary Napkin to two girls School of locality and requested IPP Rtn. Biplab Sengupta to collect the same from district source.
- 8. IPP Rtn. Biplab Sengupta collected District Directory for the year from District. Whoever want a copy, can collect that for Rs.400/
- 9. As there were no other points to discuss, President terminated the meeting after attendance, Clinic report and International toasting.

INTERNATIONAL TOASTING	ATTENDENCE		CLINIC REPORT	
PP Rtn. Subhendu Roy on behalf of				
President, Secretary and members of RC	Rotarians	: 13	Gen. Medicine	: 07
Kamarhati offered toast of Goodwill and			SKIN	: 15
friendship to members of RC				
ALTINOPOLLS SP, BRAZIL, RID 4540,				
Zone 20.				
**Those members yet to pay their Dues please pay immediately				

Rtn .Dr. Amal Kumar Khan President 2023-24 **Those members yet to pay their Dues please pay immediately without further delay. Others please ignore. Those who will not pay even their first half dues before end of year, RI will delete their names from active members list, so please take it seriously ***.

Rtn. Amit Kr Bhattacharya Secretary 2023-24